

INTELLEC™ TABLETS AND SYRUP

The potent natural nootropic and cerebral neuron activator

BENEFITS

- Enhances cognitive functions - memory, concentration, learning and recall by facilitation of cholinergic transmission in the brain
- Allays anxiety and stress by its adaptogenic and anti-stress effect
- Promotes regeneration of neural tissues and delays brain aging due to the neuronutrient properties
- Prevents neurodegeneration from free-radicals by providing high systemic levels of anti-oxidants
- Improves blood circulation to the brain assuring adequate oxygen and glucose supply to the neurons
- Improves the availability of key neurotransmitters - serotonin and acetylcholine depleted by stress, depression, sleep loss, poor diet and ageing

PRODUCT CONCEPT

Intellec tablet and syrup is a combination of potent and powerful herbs, traditionally known for their nootropic, neuronutritive, neuroprotective and brain tissue rejuvenative properties. It is also an adaptogenic and possesses anti-stress, anxiolytic and anti-depressant properties. Intellec helps delay brain aging, helps in neuron regeneration and provides the brain with adequate blood circulation to enhance brain function

MODE OF ACTION

POTENT NATURAL NOOTROPIC

Bacopa monnieri¹ (Brahmi), Centella asiatica² (Mandukparni), Evolvulus alsinoides (Shankhpushpi)

REGENERATION OF NEURAL TISSUES

Nardostachys jatamansi³ (Jatamansi), Bacopa monnieri (Brahmi), Acorus calamus⁴ (Vacha)

ANXIOLYTICS

Withania somnifera⁵ (Ashwagandha), Nardostachys jatamansi (Jatamansi)

CEREBRAL ANTIOXIDANT

Acorus calamus (Vacha), Withania somnifera⁵ (Ashwagandha), Bacopa monnieri (Brahmi), Centella asiatica² (Mandukparni)

ACTIVATING NEUROTRANSMITTERS

Bacopa monnieri (Brahmi), Evolvulus alsinoides (Shankhpushpi), Celastrus paniculatus⁶ (Jyotishmati), Withania somnifera⁵ (Ashwagandha)

DOCUMENTED RESEARCH REFERENCES

1. Effects of a standardized Bacopa monnieri extract on cognitive performance, anxiety and depression in the elderly: a randomized, double-blind, placebo-controlled trial. (J Altern Complement Med.2008 Jul; 14(6):707-13.)

2. Rao SB, Chetana M, Uma Devi P. centella asiatica treatment during postnatal Neuro protective evaluation of standardized extract of centella asiatica in monosodium glutamate treated rats (Indian J Exp Biol: 2007 May;45) period enhances learning and memory in mice. *Physiol Behav.* 2005 Nov 15; 86(4):449-57. Epub 2005 Oct 6.
3. The role of antioxidant properties of *Nardostachys jatamansi* in alleviation of the symptoms of the chronic fatigue syndrome. (*Behav Brain Res* 2009 Sep 14; 202(2):285-90.)
4. Protective effect of *Acorus calamus* LINN on free radical scavengers and lipid peroxidation in discrete regions of brain against noise stress exposed rat. (*Biol Pharm Bull.*2005 Dec; 28(12):2327-30.)
5. Neuronutrient impact of Ayurvedic Rasayana therapy in brain aging. (*Biogerontology.* 2008 Dec 9(6):369-74.)
6. Nalini K et al; Effects of *Celastrus paniculatus* on passive avoidance performance & biogenic amine turnover in albino rats. (*J Ethnopharmacol.* 1995 Jul 7:47(2):101-8.)

INTELLEC COMPOSITION

Each tablet/ 5ml syrup contains extract derived from:

Brahmi (<i>Bacopa monnieri</i>)	1250mg
Mandukparni (<i>Centella asiatica</i>)	200mg
Shankhpushpi (<i>Evolvulus alsinoides</i>)	100mg
Ashwagandha (<i>Withania somnifera</i>)	50mg
Jatamansi (<i>Nardostachys jatamansi</i>)	50mg
Vacha (<i>Acorus calamus</i>)	50mg
Jyotishmati (<i>Celastrus paniculatus</i>)	50mg
Pippali (<i>Piper longum</i>)	50mg

INDICATIONS

ADULTS

Memory disorders, Senile dementia, Lack of concentration, Vascular dementia, Anxiety neurosis, Alzheimer's disease, mild to moderate depression.

CHILDREN

Weak memory, Lack of concentration, Bed wetting, A.D.H.D, Anxiety neurosis, hyperkinesism, mild to moderate depression.

DOSAGE

ADULT: 1-2 tablets b.i.d. /t.i.d. for minimum 3 to 6 months or as directed by the physician.

CHILDREN: 5 ml syrup b.i.d. for minimum 3 months or as directed by the physician.