

CARMINO™ SGC

The potent, natural antifatulent and antispasmodic

BENEFITS

- Fast relief from abdominal gas and distension by relaxing sphincter
- Relieves abdominal colic by expelling trapped intestinal gas due to presence of aromatic volatile oils
- Antispasmodic action relieves abdominal pain
- Regulates gastrointestinal motility
- No chalky taste

PRODUCT CONCEPT

Carmino is an ideal combination of potent steam distilled and standardised volatile oils at optimum therapeutic dosage which act as antifatulent and antispasmodic to help relieve trapped abdominal gas, regulate intestinal motility and relax sphincter.

MODE OF ACTION

POTENT ANTIFLATULENT AND ANTISPASMODIC

Mentha piperata³ (Peppermint oil), Carum copticum oil² (Ajwain), Myristica fragrans¹ (Nutmeg oil)

DIGESTIVE AND SPHINCTER RELAXANT

Asa Foetida⁴ (Hing), Zingiber officinale⁴ (Sunthi)

DOCUMENTED RESEARCH REFERENCES

1. Kirtikar and Basu 3, 2141.
2. Garg SK et al. (Phytochemistry 19:215, 1980.)
3. The Effect of Enteric-Coated, Delayed-Release Peppermint Oil on Irritable Bowel syndrome. (Dig Dis Sci.2009 Jun 9)
4. Digestive stimulant action of spices: A myth or reality? (Indian J Med Res 119, May 2004, pp 167-179)

CARMINO COMPOSITION

Each soft gel capsule contains:

Peppermint oil (Mentha piperata)	100mg
Nutmeg oil (Myristica fragrans)	10mg
Ajwain oil (Carum copticum)	5mg
Hing (Ferula asafetida)	1mg
Ginger oil (Zingiber officinale)	0.2mg

INDICATIONS

- Flatulence
- Abdominal colic
- Abdominal distension
- Functional dyspepsia
- Irritable bowel syndrome

DOSAGE

1-2 SGCs b.i.d. after meals with water or as directed by the physician

TO BE SWALLOWED AND NOT TO BE CHEWED